Aging Among the Homeless Population: Causes, Consequences, and Solutions

Margot Kushel, MD, UCSF

In this talk, Dr. Kushel will lay a framework for understanding the roots of the homelessness crisis, with a particular focus on the aging of the population. Whereas in the early 1990s, 11% of single adults experiencing homelessness were aged 50 and over, by 2003, 37% were. Currently, approximately half of single adults who are homeless are 50 and older. This appears to be a cohort effect: people born in the second half of the baby boom have had an elevated risk of homelessness their whole lives. Approximately half of those who are homeless and aged 50 and older had their first ever experience of homelessness after the age of 50. This has critical policy implications, as adults in their 50s and 60s who are homeless experience premature aging—so they have the health characteristics of people 20 years older. Dr. Kushel will discuss what her research shows about the causes and consequences of the aging of the population, and suggest potential solutions, focusing on how policies contribute to the crisis, and how they could help in ending it.

Margot Kushel, MD is a Professor of Medicine at the University of California San Francisco in the Division of General Internal Medicine at Zuckerberg San Francisco General Hospital, the Director the UCSF Center for Vulnerable Populations and the UCSF Benioff Homelessness and Housing Initiative. Margot's research focuses on the causes and consequences of homelessness and housing instability, with the goal of preventing and ending homelessness, and ameliorating the effects of homelessness on health. Dr. Kushel's research seeks to inform clinical practice, programs and policies. She holds multiple grants from the NIH to study the causes and consequences of homelessness among older adults. She maintains an active clinical practice at the Richard Fine People's Clinic at Zuckerberg San Francisco General Hospital and attends on the inpatient medicine service. She speaks at a local, state and national level about issues of homelessness, and frequently provides testimony to legislative bodies.

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