



PROJECT Co-VITALITY

UNIVERSITY OF CALIFORNIA
SANTA BARBARA



Inalienable Right

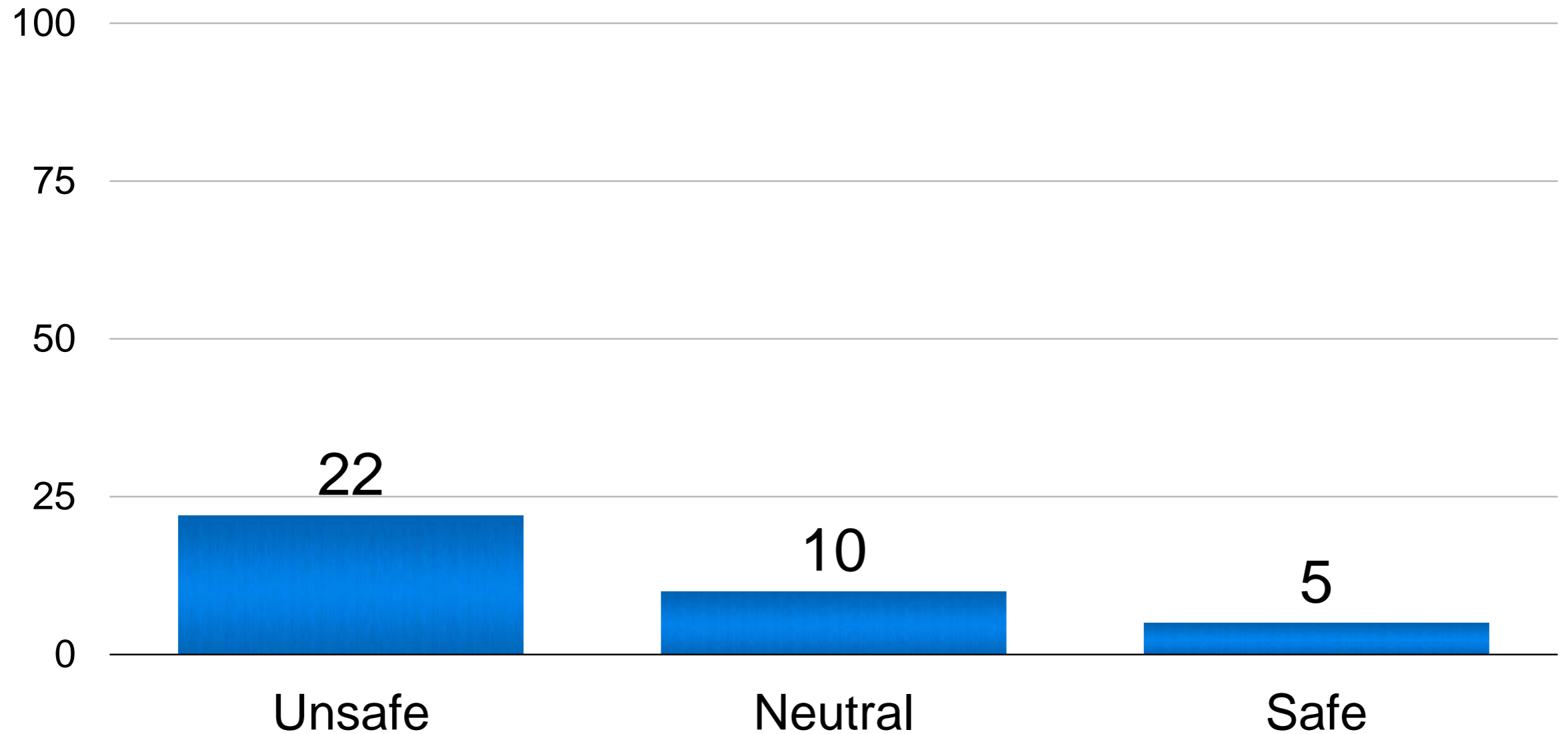
- 1982 Victim Bill of Rights, Amended by Prop 9 in 2008
- 28f(1): (1) Right to Safe Schools.
- All students and staff of public primary, elementary, junior high, and senior high schools, and community colleges, colleges, and universities have the **inalienable right** to attend campuses which are safe, secure and peaceful.

STATEWIDE SURVEY

- California Healthy Kids mini-Core A
- Social Emotional Health Survey-Secondary
- Growth Mindset, Learning Collaboration
- Social Emotional Distress Survey-Secondary
- Mental Health Continuum-Short Form
- Brief Multidimensional Life Satisfaction

...been threatened with harm or injury?

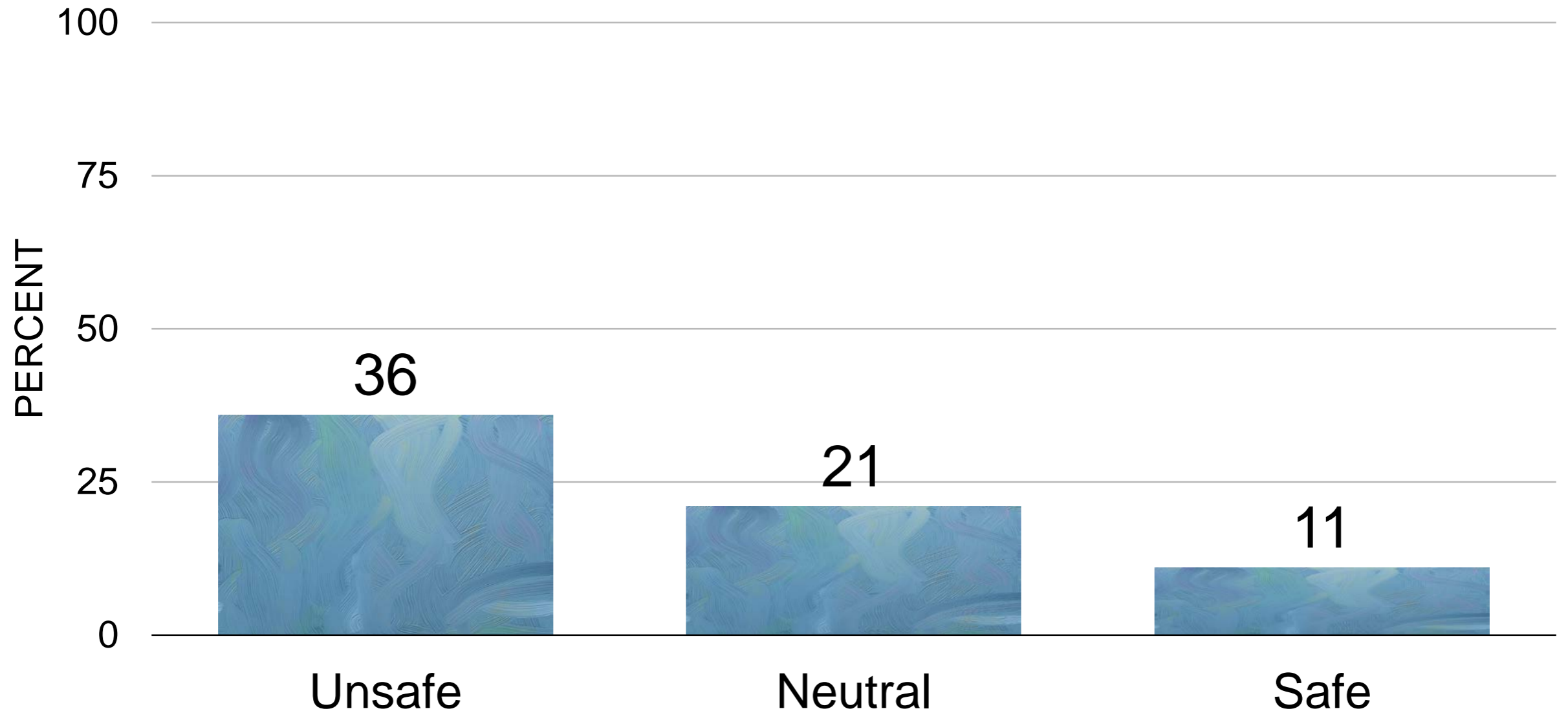
Yes... at least one time



^aDuring the past *12 months*, how many times on school property have you... (% one or more times)

...been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around

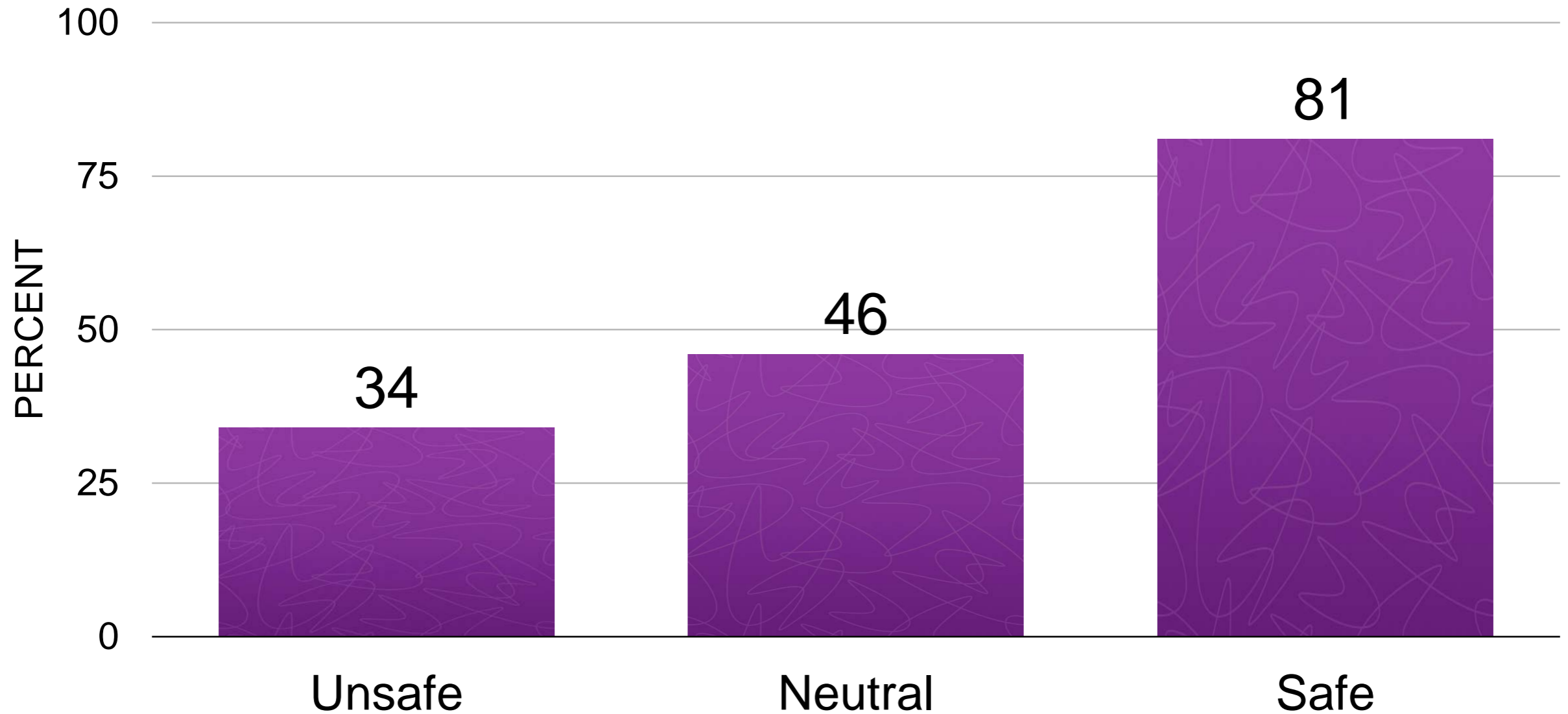
Yes... at least one time



^aDuring the past *12 months*, how many times on school property have you... (% one or more times)

I feel close to people at this school

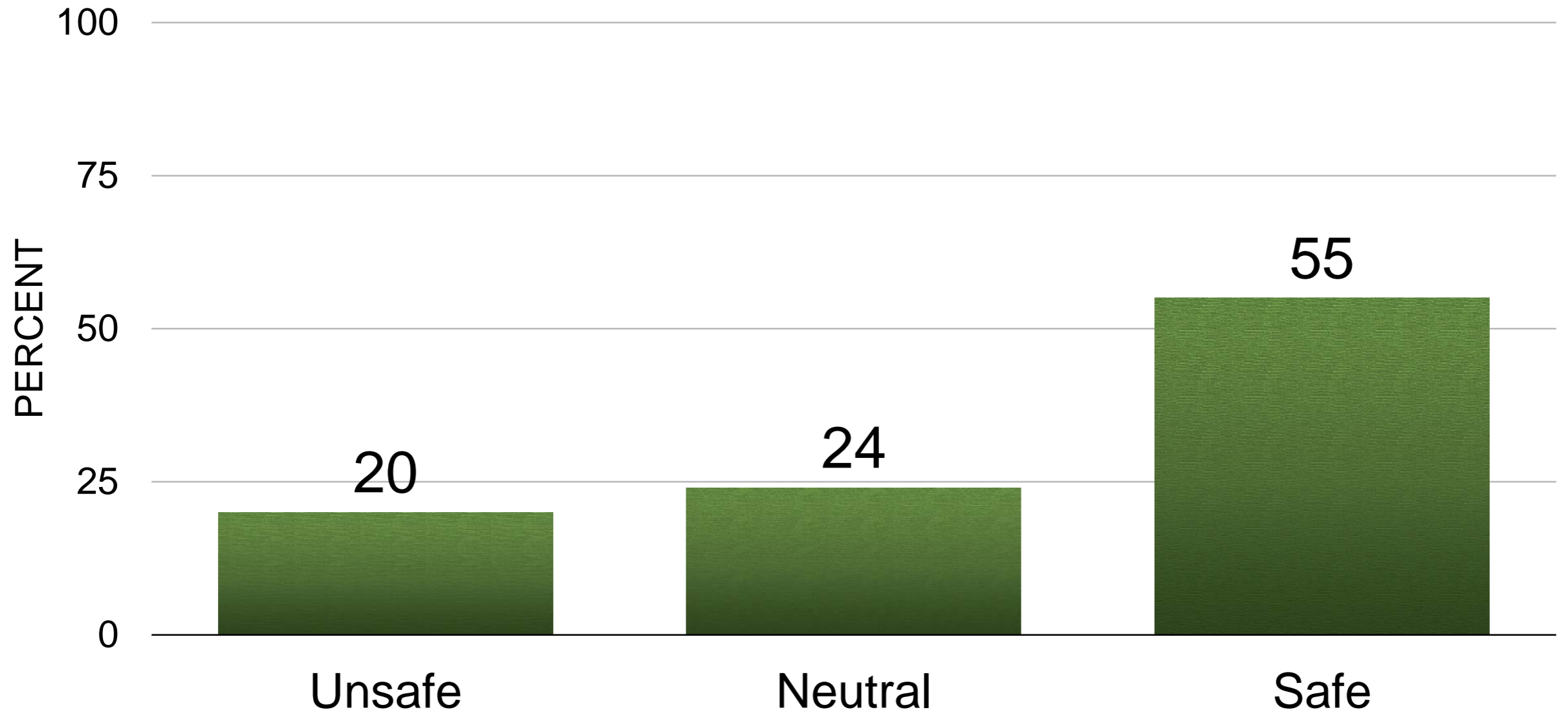
Agree or Strongly Agree



^a (% agree or strongly agree)

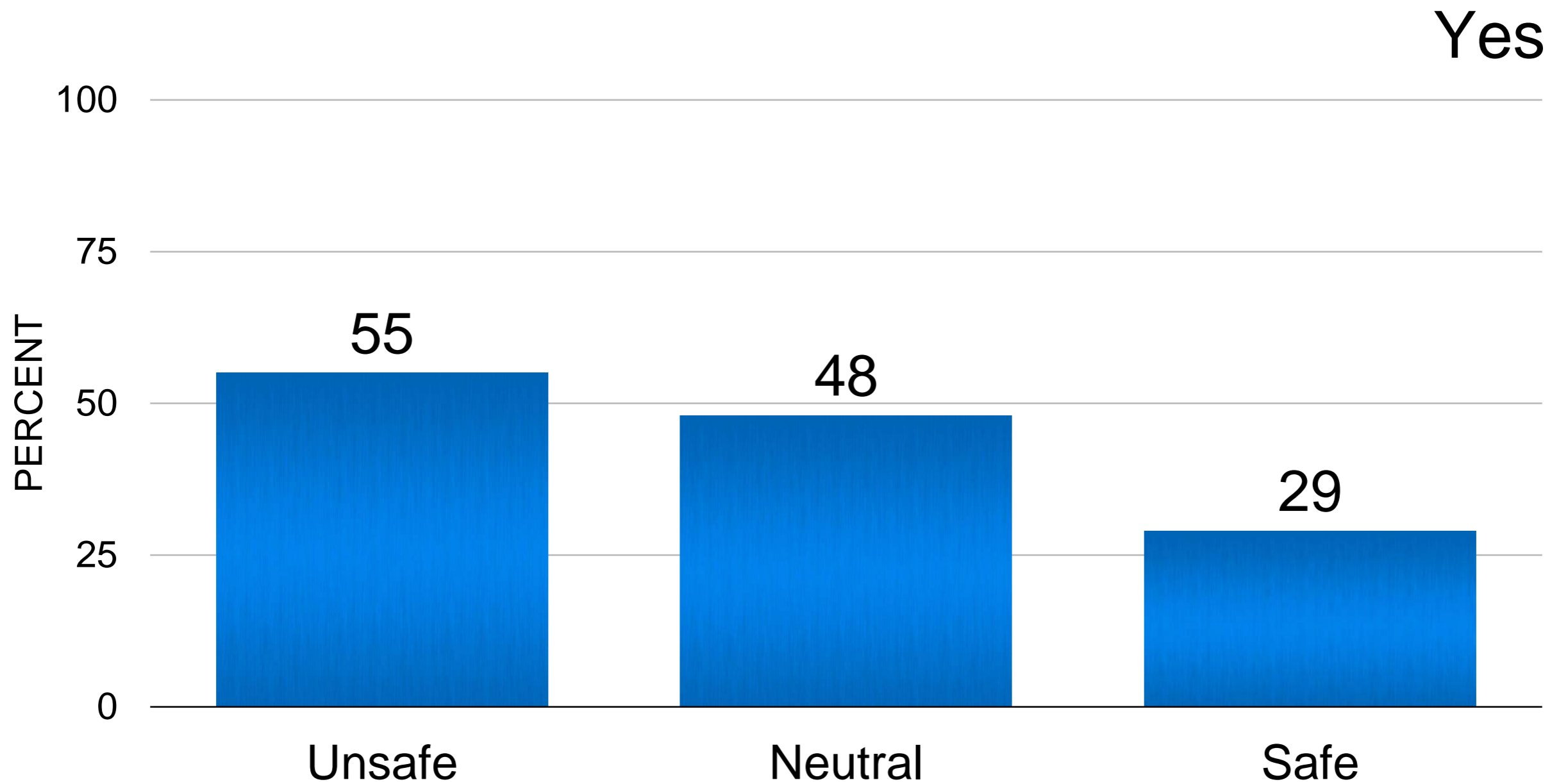
I would describe my satisfaction with my school experience as:

Satisfied or Very Satisfied



^c In the past month... (% satisfied or very satisfied)

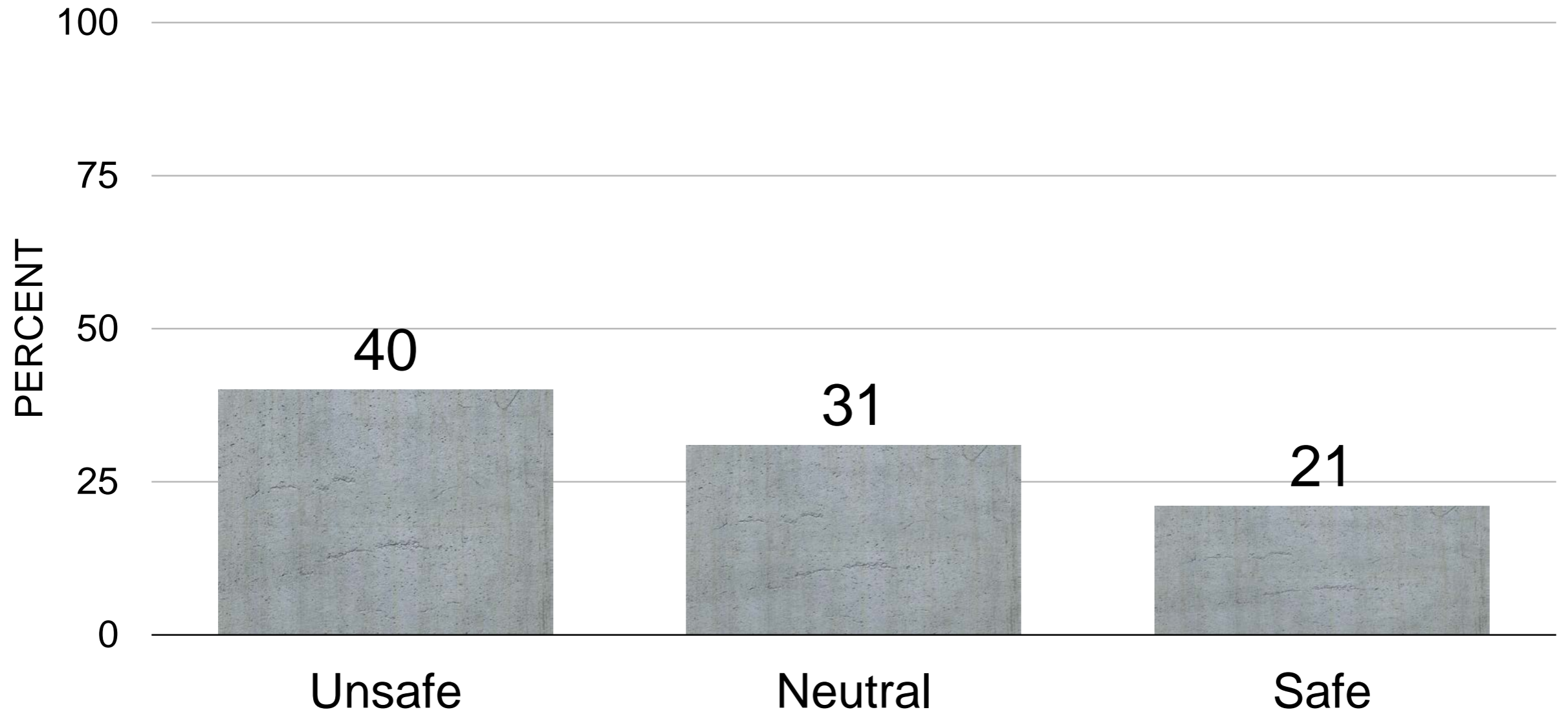
...did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?



^bDuring the past 12 months... % Yes

...it was hard for me to cope and I thought I would panic

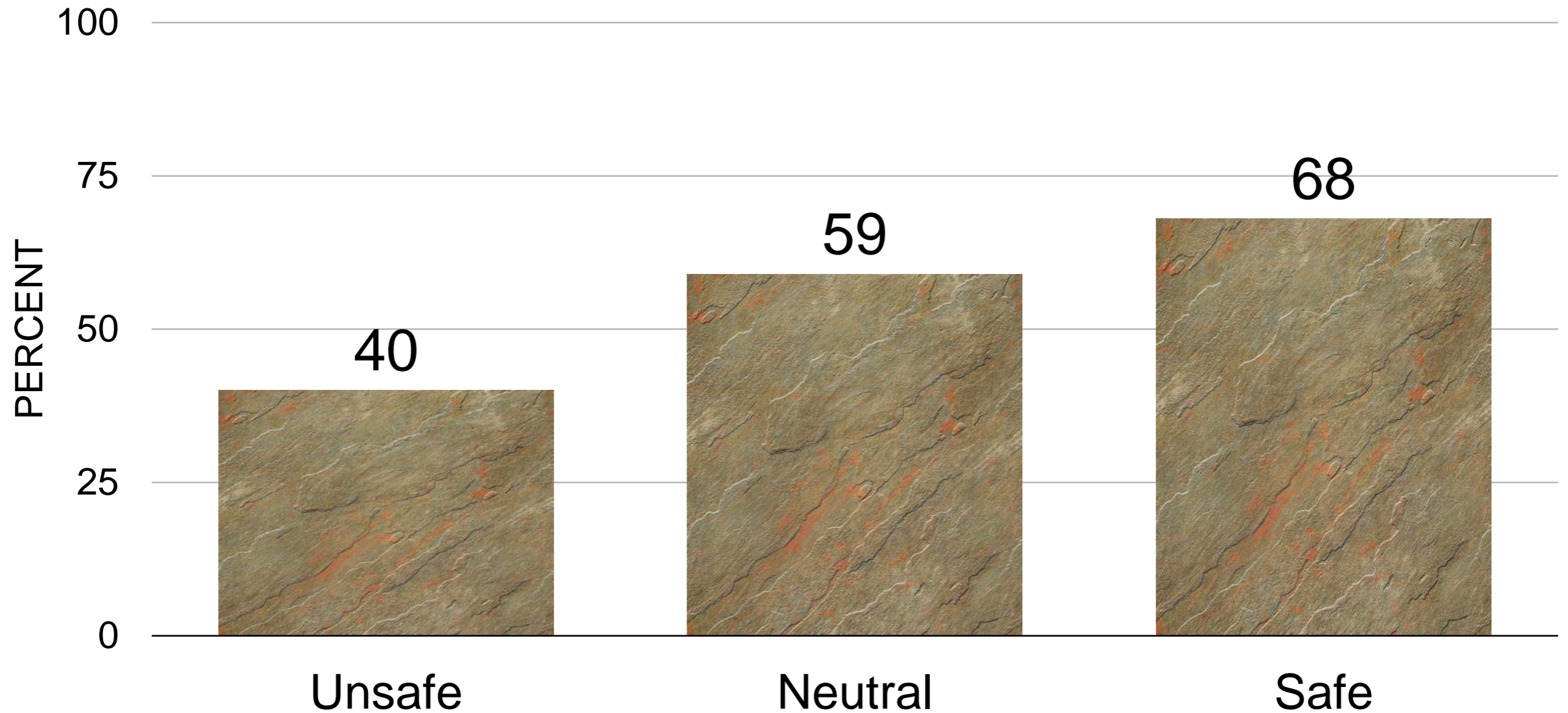
“Pretty much” or “Very much” like me



^c In the past month... % Pretty much like me + Like me

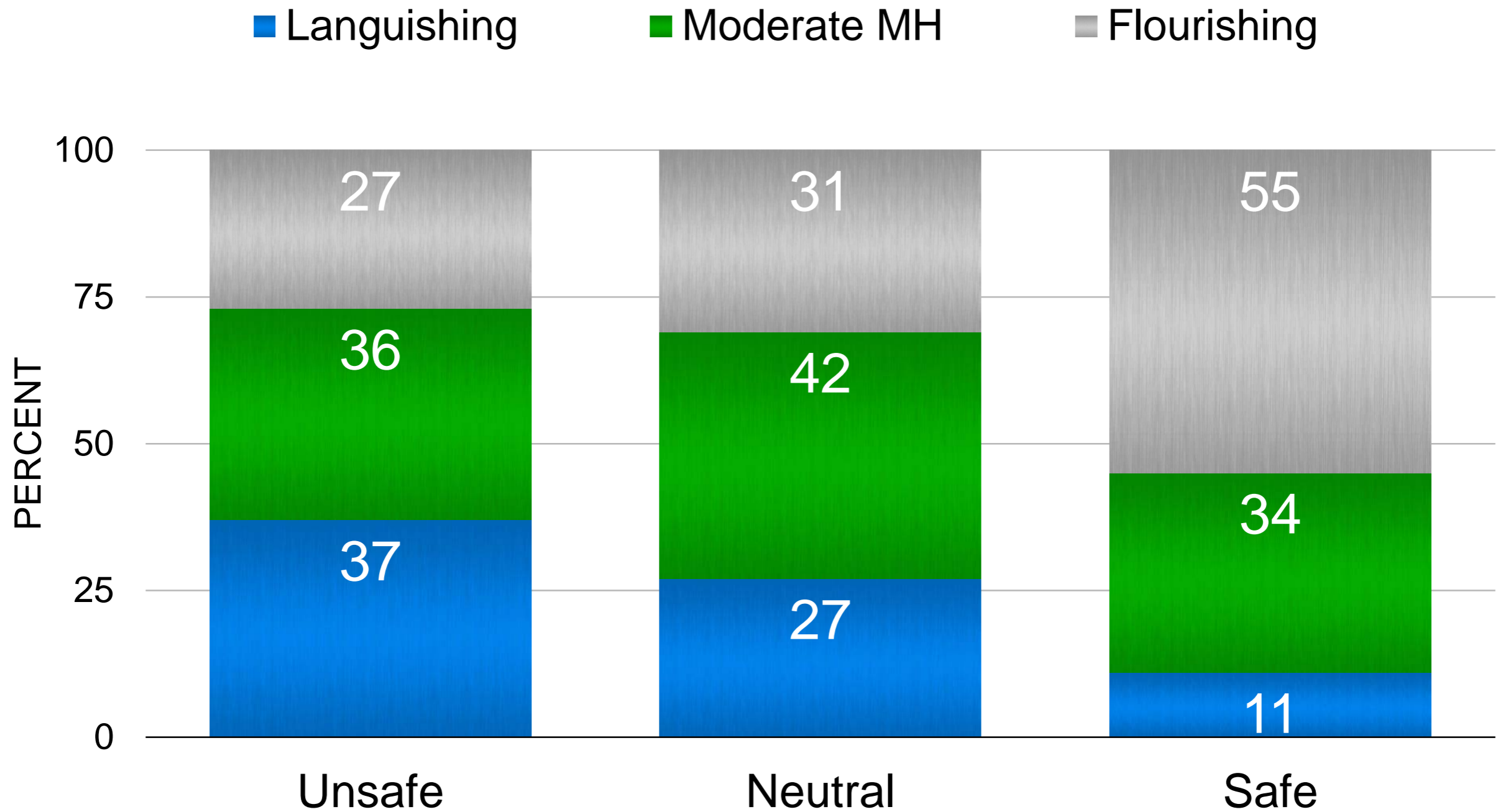
I would describe my satisfaction with my school experience as:

Satisfied or Very Satisfied



^c In the past month... (% satisfied or very satisfied)

Mental Health ^d



^dBased on responses to 14 items included in the Mental Health Continuum-Short Form (Keyes, 2006). Students were grouped as having flourishing mental health when they reported experiencing at least 1 of 3 affective well-being items almost every day or every day in the past month AND they reported experiences 6 or 11 social and psychological well-being items almost every day or every day in the past month.

Domain and Subscale Strengths

Combine average item responses of > 3.0 = strength

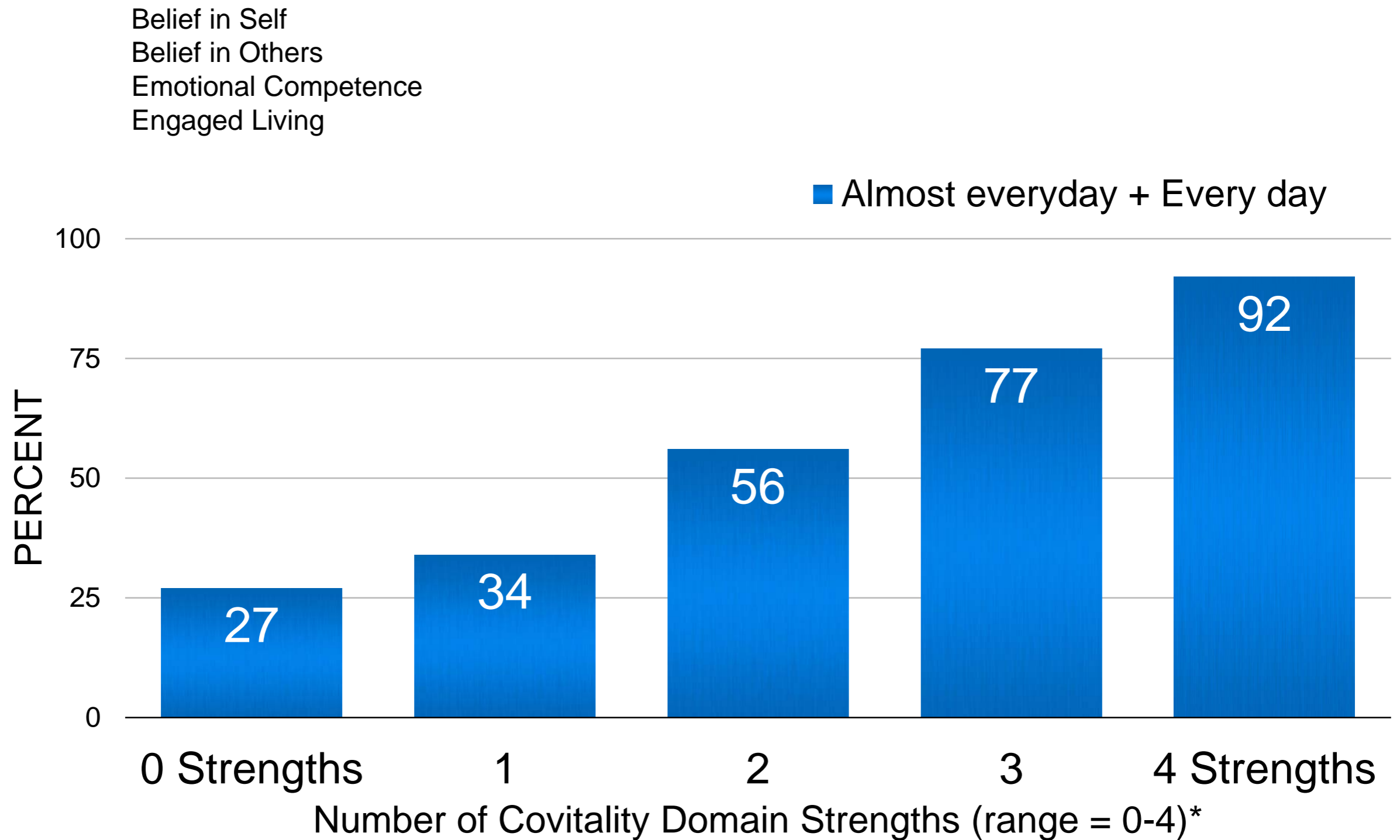
Social Emotional Health Survey Response Options

- 1 = Not at true
- 2 = A little true
- 3 = Pretty much true
- 4 = Very much true

Strength = > 3.0

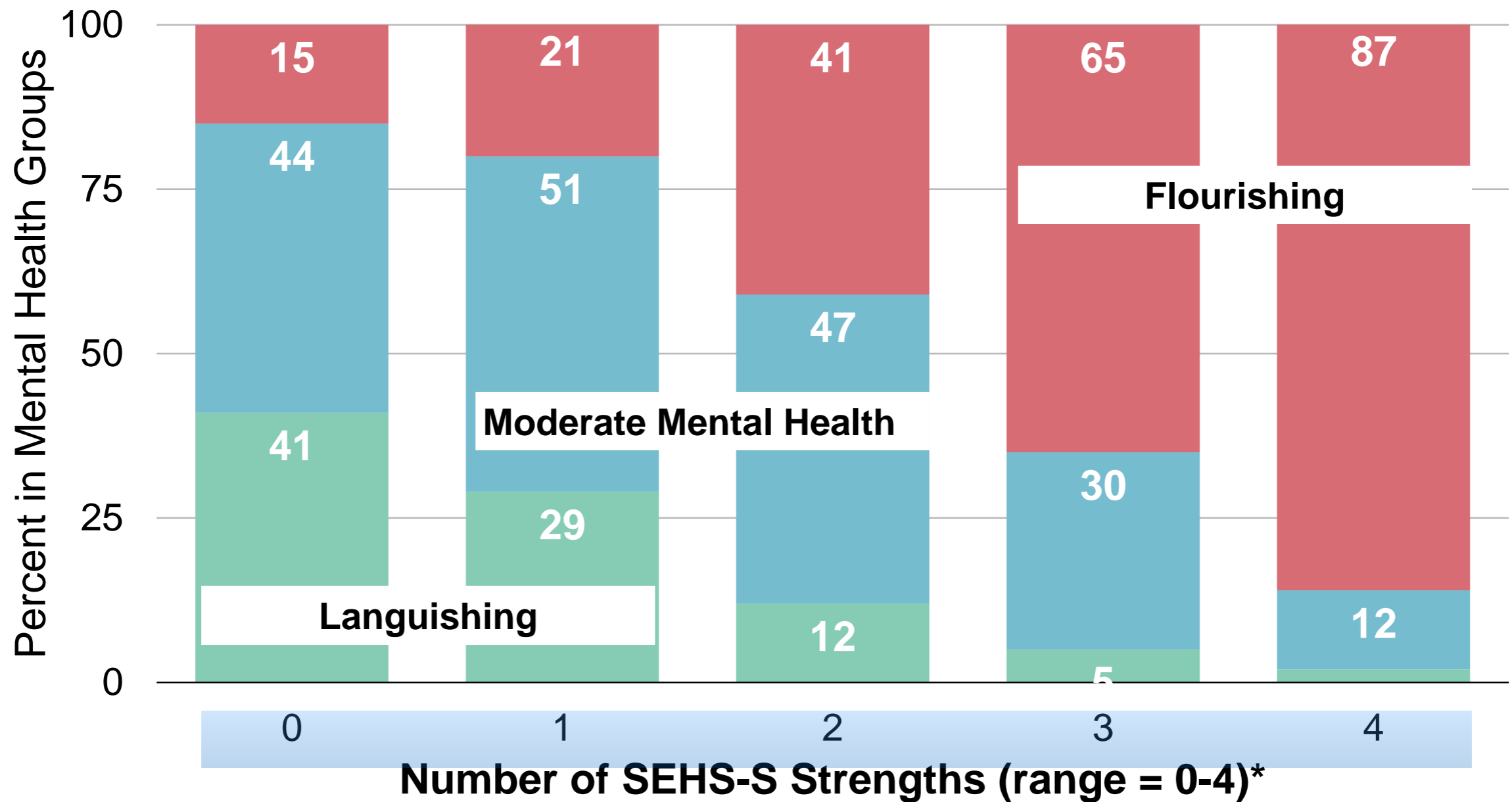


“That your life has a sense of direction or mean to it”



* Average item score of > 3.0 on the nine domain items

Mental Health Continuum Short Form Mental Health Groups



www.project-covitality.info

www.michaelfurlong.info/CSCSS/



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